Workplace Travel Plans a NSW Update





Council for Active Living (PCAL)

Overview of the session



The case for active travel

Workplace Travel Plans (WTP) in NSW

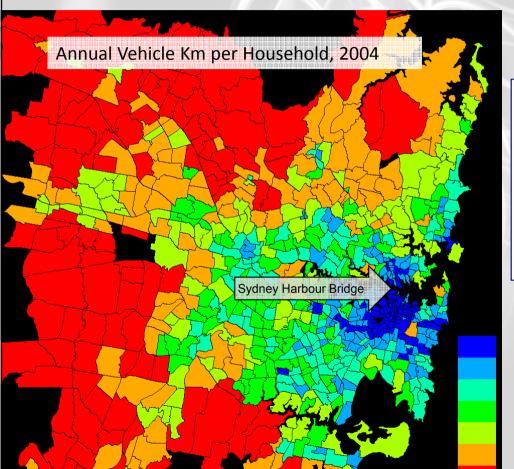
WTP resources and future opportunities.

Why active travel?





An Auto City





Outer suburb residents, away from railways, drive much more than inner suburb residents (Rickwood, 2006).

2.3 - 7.6 7.6 - 10.1 10.1 - 12.6

10.1 – 12.6 12.6 – 15.0

15.0 - 18.4

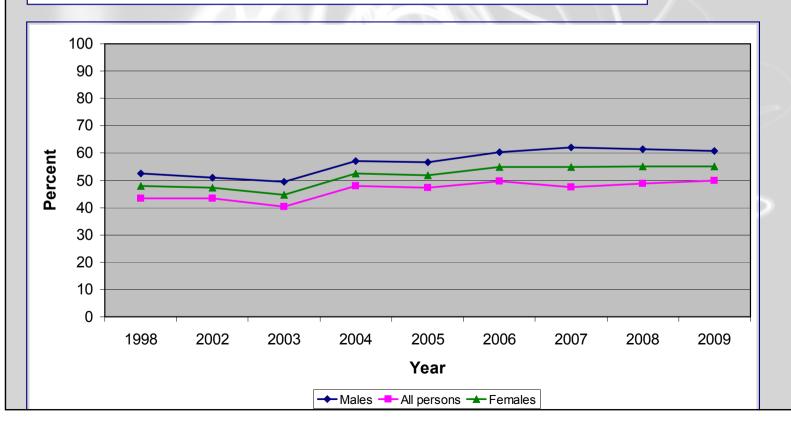
18.4 – 24.5

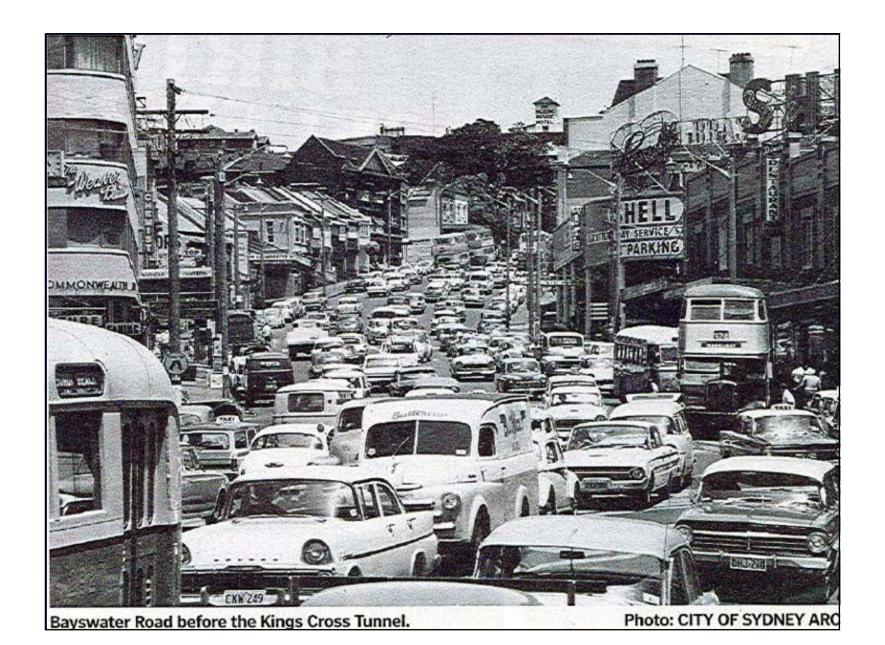
24.5 - 39.0

Adequate physical activity

PREMIER'S COUNCIL FOR ACTIVE LIVING NEW SOUTH WALES

People living in outer Sydney suburbs were 20-30%more at risk of being overweight and 40-60% less likely to be adequately active than inner-city counterparts (Garden and Jalaludin, 2008)





Changing Policy Context









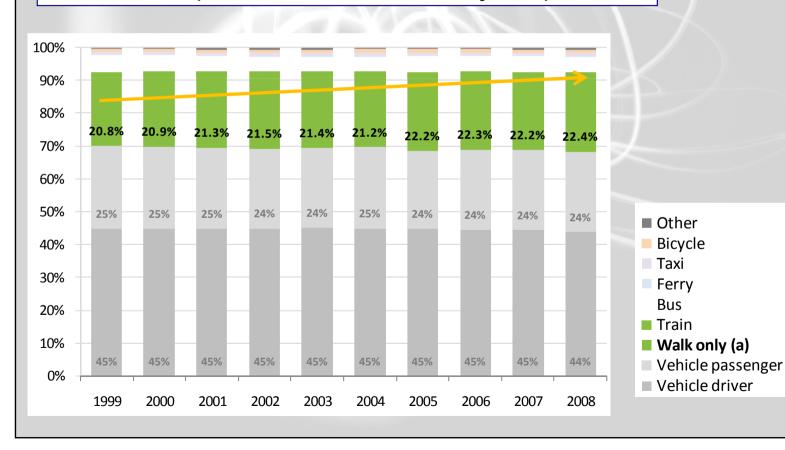


Changing National and State policy context, provide an opportunity to support active travel as part of a coordinated land use and transport management system

Walking trips increasing

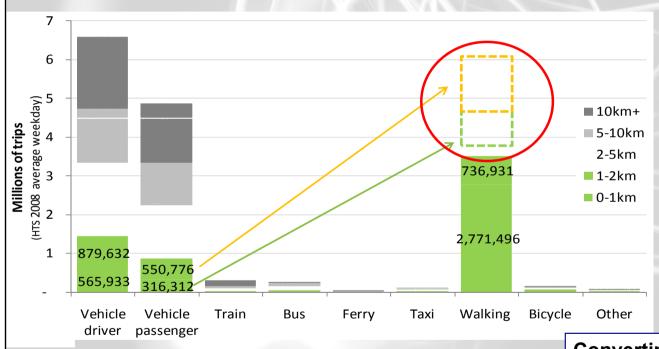
PREMIER'S COUNCIL FOR ACTIVE LIVING NEW SOUTH WALES

Percentage of walking only trips under 10km increasing over the last decade (NSW Household Travel Survey, 2009)



Walking opportunities

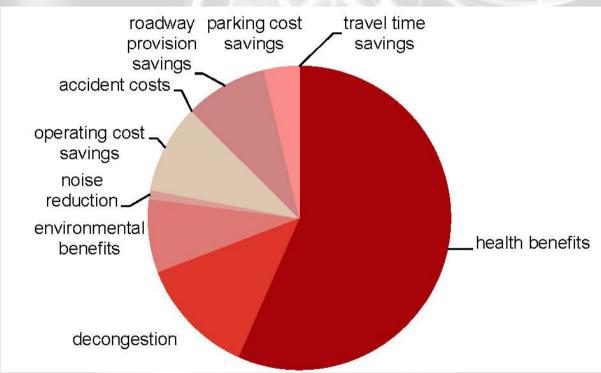




Converting short car trips of under 1km provides the most realistic opportunity to increase walking

Financial benefits of Walking





5% and 10% conversion of car trips under 1km to walking would save \$134 and \$214 million over five and ten years respectively

NSW 2021 – New State Government's 'State Plan'







TARGET

Increase the mode share of walking trips made in the Greater Sydney region, at a local and district level, to 25% by 2016.

ACTIONS:

To increase walking to help ease transport congestion and build a healthier, more active community we will:

• Develop and implement a **NSW Walking Strategy** to encourage and promote walking for travel and recreation, and to enhance walking environments.

PCAL Terms of Reference



To provide the Premier with expert advice on the best ways to promote healthy eating and physical activity in NSW

To raise awareness and drive population level behavioral change in healthy eating and physical activity in NSW by supporting evidenced based policies in alignment with

NSW 2021 goals, targets and activities

To initiate and build sustainable partnerships within Government and with industry and the non-government sector that promotes healthy eating and physical activity



PCAL Membership

Government Agencies

Department of Premier and Cabinet Ministry of Health Sport & Recreation NSW Food Authority



Planning and Infrastructure Transport



Peak Body / Non-Government

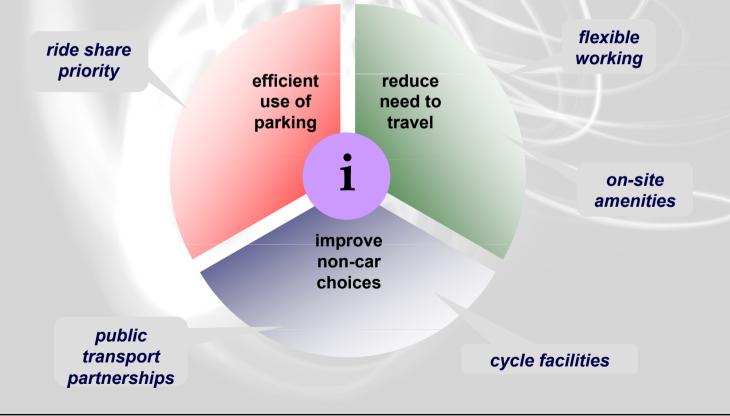
Local Government & Shires Assoc Australian Food and Grocery Council Australian Diabetes Council Cancer Council of NSW National Heart Foundation

Industry

Coles Supermarkets Woolworths Limited

Workplace Travel Plans: an integrated approach to active transport





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Public Transport Information





Macquarie Park



Ride Share, drive, cycle or walk.



Ride Share

Register to share a ride with at least one Optus. employee for only \$6 per space per day. That's no more than \$3 per person per day

- . Your group gets its own dedicated parking space
- . Get to work faster in 12 or 13 transit lases!
- . Enter via the car park entrance to Building F and follow the parking directions
- · Register via eforms in Employee Connect.

Das't know who to share with? Check out the Ride Share map and database at www.movie.com.au

Missing someone today?

- . You need to ensure you have at least two registered. employees in your car at least three times a week
- . An Optios ID card of at least one ride sharer is required for entry

Emergency ride home

- . Tide sharers who need to travel home, or to another place immediately, because of an unexpected fornestic. crisis may be eligible for an emergency ride home by tool
- . Your EMD claim must be submitted with a detailed emergency ride home declaration, approved by your manager



Cycle

· 331 cycle parking spaces

. Undercover parking is thee

· No registration is required

for general use stands

· Luckers and showers en-

basement (exel 1 between

Buildings B & Cand E & F

· Enter via dedicated lanes

to Buildings A. D or E.

. There is no need to swipe

your ID card however you

a guard is in attendance:

com.au > Getting There

for lockers and secure

Heed to exit after hours?

. Use the car park intercorns

located at each exit

cycle storage

for information or to apply

. Check out www.mavin.

should show your ID card if

at the car park entrances

Campus Parking and Transport Map



Need a taxi?

Dedicated priority saxi phones are located at reception in Buildings D and E.

Taxis pick-up from visitor reception (Building Fl only.

If you are at OCMP and not at a priority phone, call. Silver Service on 13 31 00 and advise the operator of Location PIN 8885

Working around the clock?

Parking 7pm to 7am and on weekends is available for registered car park users including those registered for casual parking.

Your Optus (D is required for entry and exit.

Got visitors?

Dedicated visitor parking is available via Entrance 7. Guests need to have their parking tickets validated at reception, otherwise charges apply.

Using on-Campus childcare?

Pick-up and set-down bays are available outside the childcare centre (Building O)

Lucky to get a lift?

Pick-up and set-down bays are available at the stuff entrance (Building 0 via Entrance 3) and at visitor reception via Entrance 2.

Help!

Optus Campus Switchboard 07 8097 7931 Emergencies - Ophus Security 1800 500 092 (Option 2)

Transfer Bus After Hours Help 02 9245 1200



A Sustainable **Future**

The Optus Integrated Transport Strategy is about increasing travel choices with an emphasis on improving access by sustainable modes of transport.

For more information on what. Optus is doing, and what you can do, visit: www.movin.com. au > Getting There > Planning for our Future

Walking

All employees approaching Campus on foot may enter through the staff entrance. at Building O. visitor reception at Building F or the pedestrian entrance between Buildings D and E. For your safety, pedestrian entry through car park entrances is not permitted.



Your Pocket Travel Guide.

It's a proof not a pocket.



Desgrated Transport Strategy



Drive

Committed to your car?

- . Parking is \$2,600 per year (post-tax)
- . Full time and part time parking is available
- . Your Optus IB is required for entry and exit.
- . Refer to the Campus perking map to locate the entrance/s for your parking type
- . Wait listing is available through eforms. in Employee Connect
- . Switching to public transport or ride sharing is free and easy. Email the Car Perking Braphes

Decided to drive today?

- . Make sure you've registered for casual parking via eferms in Employee Connect. Usage is capped at 10 days per month
- . Charges are per entry per day at \$6 for 4 hours or \$10 for more than 4 hours
- . Your Optus III is required for entry and exit.
- . Enter and exit via car park entrances to Buildings B or E and follow the parking directions
- . A credit card for Yisa/MC right card) is required for payment upon exit. (after August 2007)
- · Availability of spaces is not guaranteed
- . Remember employees based at DCMP can't claim the cost of casual parking against their cost centre

What about contractors?

· Special parking arrangements apply for contractors - please visit www.mavin.com.au or contact your employer for more details

Need driving directions to Campus?

· Our jaumey planner will map all the directions for you do to www.movin. com.au > Getting There

Motorbikes

& Scooters

- . Undercover parking is free
- · No booking is required
- . Enter via deflicated lanes at the car park entrances to Buildings A, D ar E.
- . There is no need to swipe your ID card however you should show you ID card if a guard is in attendance
- . Well www.mexin.com.au to apply for a larker

Mood to call after hours?

. Use the car park intercoms located tion dass hs.



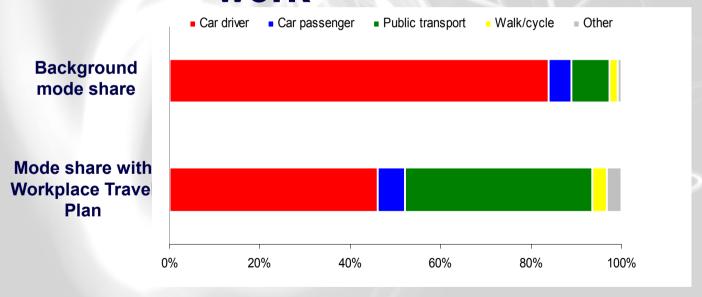








work



Active Workplace Resources www.pcal.nsw.gov.au/active_workplaces





PCAL Workplace Travel Plan (WTP) Resource



- **NSW specific WTP resource**
 - Concise and accessible to non-technicians
 - **Encourages best-practice approach**
 - Links to key existing international/national resources
- Links to NSW public and private agencies undertaking WTPs
- Convince decision makers pamphlet
- Further case studies to come

Shared pathways





Picture courtesy of City of Sydney, www.cityofsydney.nsw.gov.au

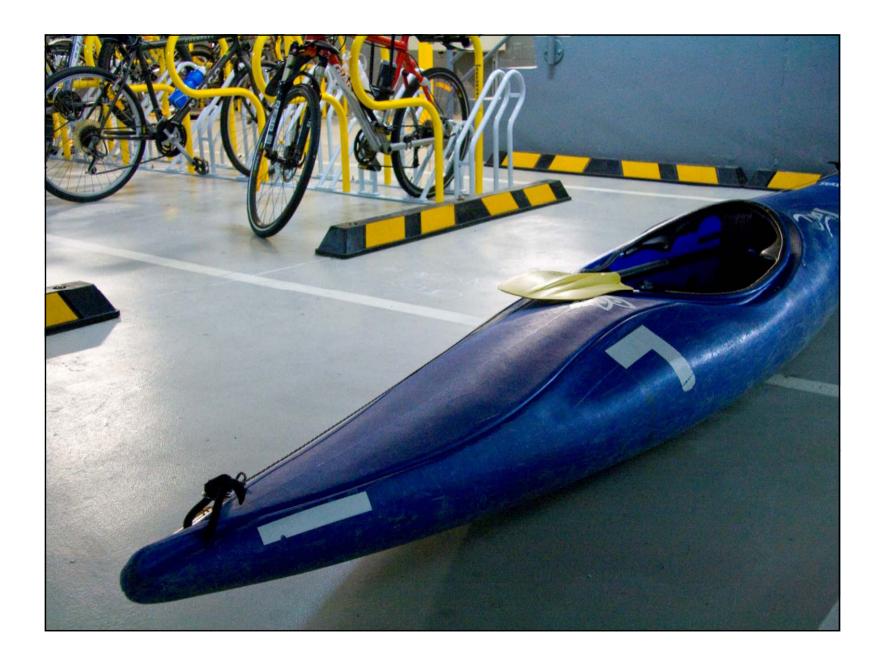
Mostly MAMILS











Mandatory Requirements

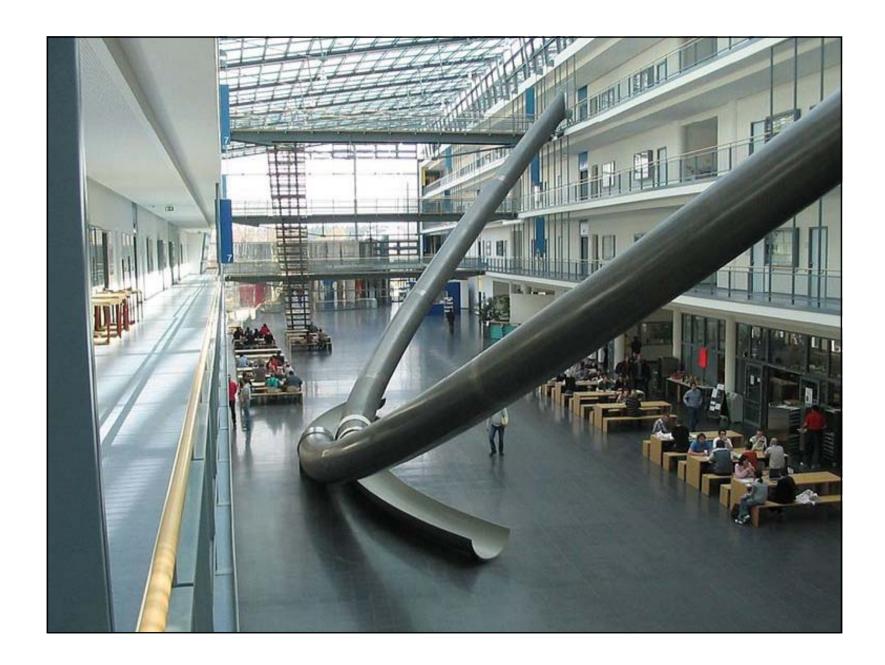


End of Journey Facilities

- Secure bicycle storage for 5% of tenancy staff (or 1 bicycle park per 300m2, whichever is higher)
 - 1 Shower (unisex) per 10 bicycle parking spaces provided
- Lockers























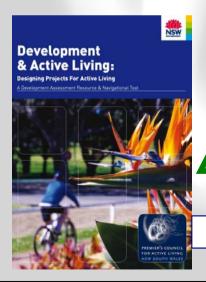
American Public Health Association

Future Opportunities



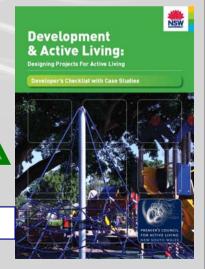
- **State Agency WTPs**
- Travel Demand Management in all policies/hospitals?
- **Transport Management Association trail**
- Interagency collaboration to maximise return on investment
- National transport infrastructure cost/benefit guidelines and the monetization of health benefits





DLG Integrated
Planning
and
Reporting

www.pcal.nsw.gov.au/local_governmnet



For additional information:

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Any Questions?



