



**UNSW**  
THE UNIVERSITY OF NEW SOUTH WALES

Never Stand Still

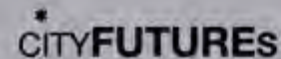
Faculty of Built Environment

City Futures Research Centre

***Making Places for People***  
***Planning to support health and well-being***

***Susan Thompson***

***Inaugural Professorial Lecture UNSW***  
***20 August 2015***

The logo for the City Futures Research Centre, featuring a small star above the text 'CITYFUTUREs'.





- **Key shapers of me**
- **Major themes in my work**
- **Reflections on place futures**
- **Some thank yous**







MELROSE PARK  
INFANTS SCHOOL  
K  
1960







AND GLADLY TECHE









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# THAI-HUY GROCERY

THỰC PHẨM Á CHÂU

亞洲食品公司

TEL

SOON-SAY 牙科  
DENTAL SURGERY  
之均牙  
A Si  
for Suite 1 3742

65  
TUDAI

TRẦN HỒNG  
HAIR STUDIO  
-HÁT TÓC  
HAIR CUT \$10  
剪髮  
-LƯƠN TÓC  
PERM \$30  
燙髮  
-NHUỘM TÓC  
COLOUR \$30  
染髮  
CƠ LÃI HỒNG TỬ







Canterbury City Council & H... dai Festival  
**THE KOREAN FOOD FESTIVAL**

Saturday 22 June 10am to 4pm

The World of Food

The Korean School of Sydney Australia

**TOYO INN**

**EASY-MAL COMMERCIALS**  
PH 9787 5978

**FILIPINO SHOP & HAIR SALON**  
PH 9787 5978

Commercial Bank

**VOC**















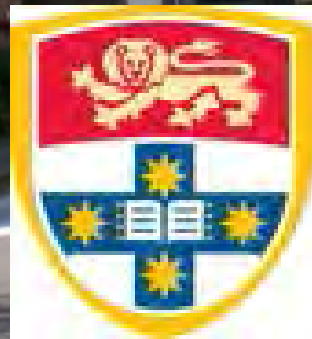












THE UNIVERSITY OF  
**SYDNEY**



# Meanings of Home













THE CHANCELLORS COURT





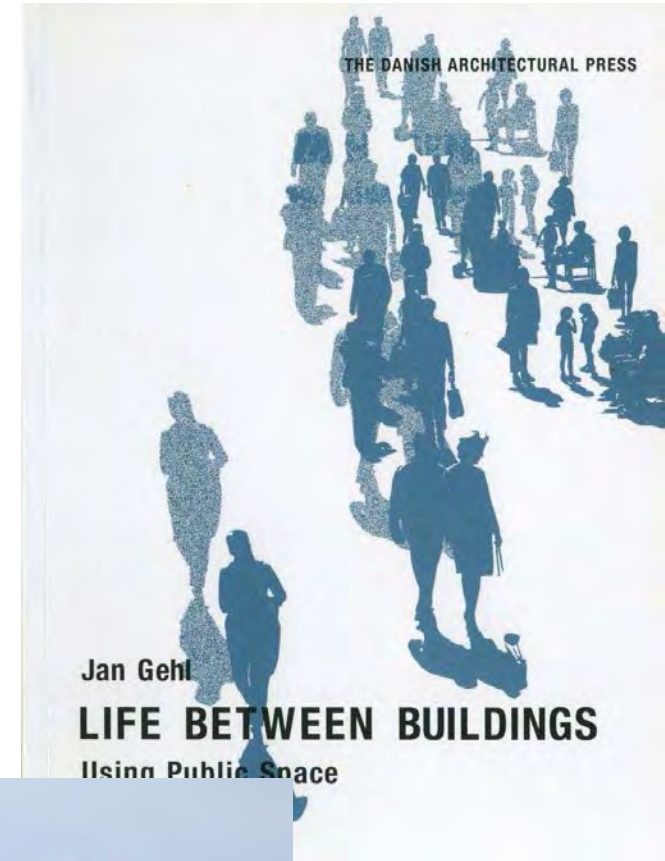
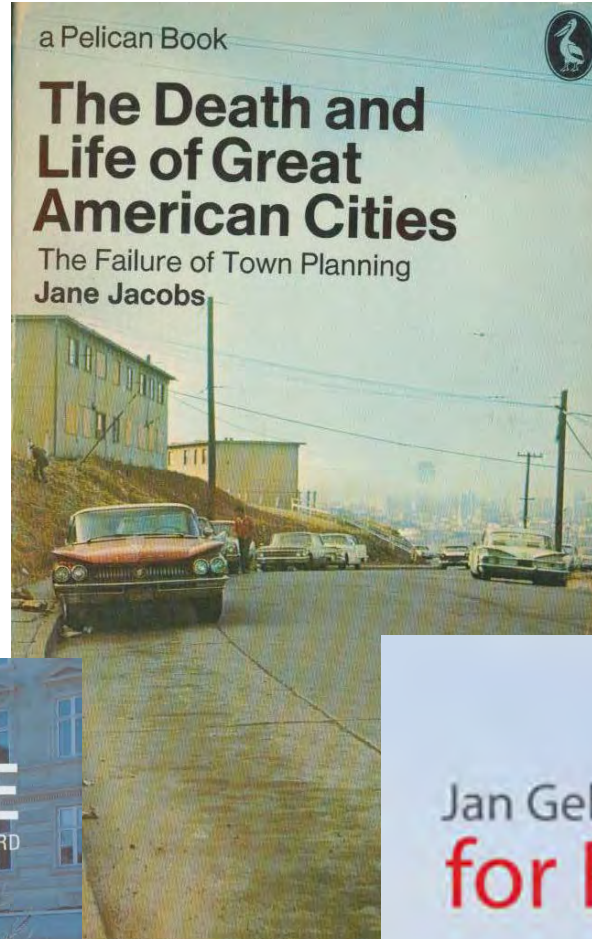






# *Observing people in places*

- William Whyte
- Jan Gehl
- Jane Jacobs





# Increasing evidence linking built environment to health



Healthy Built Environments: A review of the literature

Proposes three 'domains' of built environment influence on health

These domains are where planning can have the most impact in supporting health and addressing risk factors for chronic disease

Major outcome of the HBEP – led by Dr. Jennifer Kent







3M













































FR 1











Radstation





Fußgänger

Fahrräder



Zugang mit Fahrrad

Tageskarte

















NO PARKING  
EXCEPT FOR  
AUTHORIZED  
CAR SHARE  
VEHICLES  
EXCEPTED  
JUN 14  
→

CARR  
PL

goget  
.com.au

CAR SHARE







RIE



100% Ökostrom laden

Hier schlägt das Herz der Elektromobilität.

Green eMotion

GRÜNDUNG  
VON 3 FRAUEN  
MIET  
MICH!

ZERO<sub>g</sub> CO<sub>2</sub>/km

schau fenster  
elektromobilität  
Eine Initiative der Bundesregierung

multicity  
CITROËN







The Sydney Morning Herald VEGIE KING Produce from every Grocer's Market

3.35













baun

Kirschen  
kg 5,-

Kirschen  
kg 5,-

Fenchel

Petersilien  
kg 4,50

Porree

Karotten  
Bol. 1,50





Heisradikler I  
 Brombeeren D  
 sehr gut  
 Schale 9.50



Heisradikler I  
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 sehr gut  
 Schale 2.50

Heisradikler I  
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1803



Rhubarb

CASHIERS

CABBAGE

ARUGULA

KALE

RAPINI

COLLARDS



NOBLE'S  
FARM FRESH  
PRODUCE



BEETS  
\$3.00/BUNCH

CARROTS  
\$3.00/BUNCH

MARTINI  
RACING

WANT TO  
KNOW MORE  
ABOUT US



# Retention of prime agricultural land

Retain viable agricultural lands close to population centres to ensure a nearby healthy source of food











**PSU**  
*community*  
**ORCHARD & GARDEN**  
EST. 1911 EST. 2009  


Portland State University  
**COMMUNITY GARDEN**  
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 Email: [psucg@psu.edu](mailto:psucg@psu.edu)  
  
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*Sharing*

SYDNEY HARBOUR

ACCESS PROGRAM

The project was funded by the Sharing Sydney Harbour Access Program (SSHAP). The Sydney Harbour Foreshore Authority, NSW Maritime Authority and the Department of Planning are the SSHAP funding partners who share the vision to improve public access to, and enhance the recreational enjoyment of Sydney Harbour and its tributaries for the people of Sydney and visitors to the city.



































**BARK  
PARK**

















































**Welcome to Bristol Cathedral**  
 The Cathedral Church of the Holy and Undivided Trinity *Descent: The Holy King St David High*

**Monday to Friday**  
 8.30am Morning Prayer  
 12.30pm Lunchtime Eucharist  
 5.15pm Choral Evensong or Evening Prayer

**Saturday**  
 8.30am Morning Prayer  
 12.30pm Lunchtime Eucharist  
 3.30pm Choral Evensong

**Sunday**  
 7.45am Morning Prayer  
 8.05am Eucharist  
 10.00am Cathedral Eucharist  
 3.30pm Choral Evensong (with sermon) or Evening Prayer

See our website [www.bristol-cathedral.co.uk](http://www.bristol-cathedral.co.uk)  
 Email us on [info@bristolcathedral.org](mailto:info@bristolcathedral.org)  
 Or call us on [0117 928 4079](tel:01179284079)

THE CHURCH OF ENGLAND



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 GET THE APP  
 2020





WILLOW BAILEY  
01753 53500

WILLOW  
BAILEY  
01753 53500











State of  
**Australian  
Cities 2010**



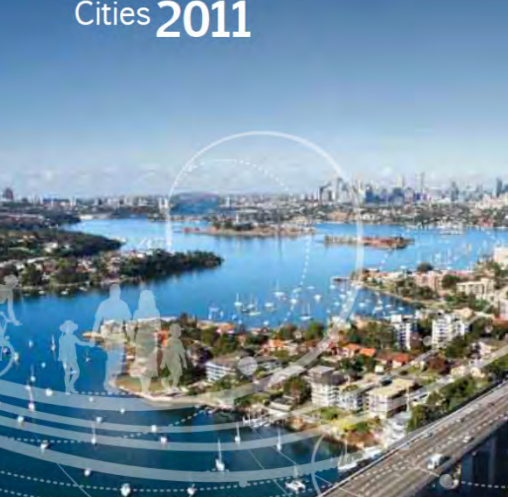
State of  
**Australian  
Cities 2012**



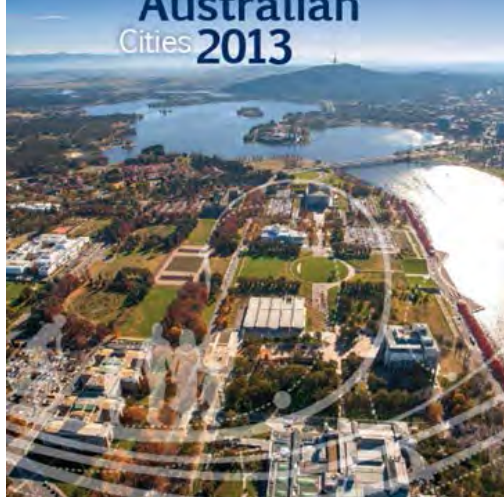
# Federal Policy 2010-13

Health – an  
important  
component of the  
liveability of  
Australian cities

State of  
**Australian  
Cities 2011**



State of  
**Australian  
Cities 2013**



## Our Cities, Our Future

A national urban policy for a productive,  
sustainable and liveable future







Healthy by Design: a planners' guide to environments for active living

# Healthy by Design SA

A guide to planning, designing and developing healthy urban environments in South Australia



Heart Foundation



# Heart Foundation

## Healthy by Design®

A guide to planning and designing environments for active living in Tasmania





# NSW Healthy Eating and Active Living Strategy:

Preventing overweight and obesity in New South Wales 2013-2018



## Environments to support healthy eating and active living

### Strategic Direction 1

Initiatives to create healthy food and healthy built environments are key components of a comprehensive approach to support healthy eating and active living.

The food environment refers to what foods are available (via the local food supply and in food service and retail outlets), how much they cost, and how they are marketed. It affects the types and amount of foods consumed. Access to affordable, healthy food and limited access to energy-dense, nutrient-poor foods are prerequisites for healthy eating.

Food marketing targeted to children generally promotes energy-dense, nutrient-poor foods and takes advantage of children's vulnerability to persuasive messages. There is widespread recognition of the negative impact this has on

The built environment comprises physical design, patterns of land use, and the transport system; each influencing access to opportunities to be physically active for adults and children. Strategies in the built environment that are important for physical activity include those that:

- Facilitate and encourage walking, reduced traffic speed and volume;
- Promote access to recreation facilities;
- Incorporate mixed land use;
- Provide open and green space;
- Incorporate proximity to key destinations; and
- Increase density and diversity of housing.

Perceptions of safety are also important. Active

# A PLAN FOR GROWING SYDNEY

A STRONG GLOBAL CITY  
A GREAT PLACE TO LIVE







# NSW 'New Planner' Healthy Built Environments Column Since 2010

## Healthy Built Environments

Healthy Built Environments: The Politics of Bringing Health into Planning



**Susan Thompson FPIA**, Professor in Planning and Associate Director (Healthy Built Environments), City Futures Research Centre, UNSW

**Peter McCue**, Executive Officer, NSW Premier's Council for Active Living (PCAL)

Including health within planning requires political and key decision maker support at the highest levels. Building a legislative mandate for

built environment approach in their commercial and residential developments.

Both formal and informal opportunities



Heart Foundation with funding from the Australian Government's Department of Health and Ageing, is an informative resource for planners. It signals a renewed national professional interest in health and the built environment.

And now this year, we are delighted to announce that the NSW Healthy Built Environments Program (HBEPE) has been established in the Faculty of the Built Environment at UNSW (<http://www.bbe.unsw.edu.au/hbepe/>).

With funding from the NSW Department of Health, this new Program will foster interdisciplinary research, deliver innovative education and workforce development, and provide leadership on health and the built environment. The Program will contribute to the development of policy relevant research that can be used to advocate for the creation of environments that support people being healthy in their everyday lives.

The Healthy Built Environments column in *New Planner* will keep NSW planners up-to-date with the latest information coming out of the HBEPE. In responding to contemporary human health challenges, there is a pressing need to revisit the relationship between the planning and health professions. Planners are well placed to respond positively and pro-actively, in ways that showcase the profession's ability to conceptualise strategically and holistically, as well as its understandings of the spatial needs of diverse communities.

We look forward to sharing ideas and experiences to healthy planning.

Associate Professor Susan Thompson, Editor and Professor Anthony Capon, physician, co-direct the NSW

gardening clubs, and recycling and sustainability groups.

Planning policies based on new urban design – with increased densities, and mixed uses – may support social interaction. The research suggests, however, that these interactions will not occur without adequate provisions to protect individual privacy. This evidence should inform policy and design guidance. Further, such policies should be accompanied by socially oriented programs, including the facilitation of community groups, staging of community events, and even the support of budget social retailing to help ensure viability in the establishment phase.

Finally, the issue of safety should be recognised as the foundation of healthy spaces that connect and strengthen communities. Policies that involve community members in their development and active Crime Prevention through Environmental Design (CPTED) guidelines should be pursued. The research evidence highlights the benefits of integrating crime prevention with other healthy built environment policies.

Associate Professor Susan Thompson and Professor Anthony Capon direct the Healthy Built Environments Program in the City Futures Research Centre at the University of New South Wales (<http://www.bbe.unsw.edu.au/HBEPE/>). The Program receives funding from the NSW Department of Health.



Community gardens are an important way to connect communities, as well as providing a means of other health benefits.



REVIEW

community

newplanner

Issue No. 91  
June 2012

Healthy urban environments

**PIA** Planning Institute Australia  
New South Wales Division

ISSN 1324-8669 PP 0233-8670 015



# Planning Australia

2ND EDITION

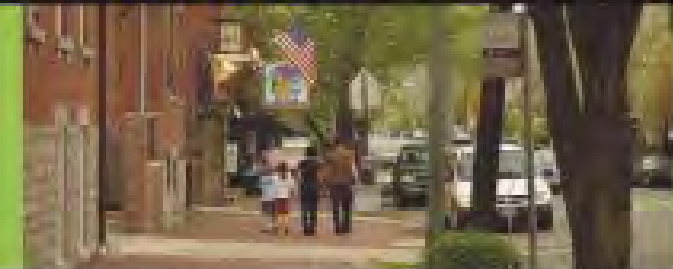
AN OVERVIEW OF URBAN AND REGIONAL PLANNING

Edited by Susan Thompson and Paul J. Maginn



## MAKING HEALTHY PLACES

Designing and Building for Health, Well-being, and Sustainability



Edited by Andrew L. Dannenberg, Howard Franklin, and Richard J. Jackson

ROUTLEDGE  
ROUTLEDGE  
HANDBOOKS



## The Routledge Handbook of Planning for Health and Well-Being

Edited by Hugh Barton, Susan Thompson, Sarah Burgess and Marcus Grant





1990  
Internet  
Town Field

2000  
mobile devices (BEST?)  
SARS  
High-Density  
2005  
Climate Change  
2006  
Financial Crisis  
do you  
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2010  
Well-being  
LEED  
USDN  
Sick

TODAY  
Apple Watch  
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2010  
2050

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邦城规划

Restricted Area  
Parking Only

Endless Summer

















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RIP ELM 12/4/15





































*Image Source: Sydney Morning Herald – Sydney Symphony Orchestra*















